

# HELP CLEAR LANDMINES

By taking on a challenge of a lifetime!



## **NAMIBIA African Bush Trek 20th - 29th September 2003**

120km across one of the worlds oldest, harshest deserts. Trekking through lunar landscapes and stunning scenery.

## **CAMBODIA Bike Ride Adventure 21st Nov - 3rd Dec 2003**

550km through vibrant green paddy fields and dense jungle to the magnificent Angkor Wat temples.



**To enter you will need to pay a deposit of £250  
and raise a minimum amount of sponsorship**

MAG clears landmines in countries such as Cambodia, Angola and Iraq so that people can live without the risk of death or injury.

Call **0161 236 4311**

for more information

Charity no. 1083008

[www.mag.org.uk](http://www.mag.org.uk)



# MAG

take action **clear mines**